



Moulton College Hockey Academy

Further your studies whilst playing Hockey!

The Academy runs alongside a Level 3 Extended Diploma in Sports Development, Coaching and Fitness. At the end of the two year course it is equivalent to 3 A-Levels which can facilitate transition into University, whether that be the Sports Development, Sports Coaching or Sport and Exercise Science route.

Students attend college for 4 days a week. During those 4 days the students will receive coaching every day and all afternoon on Wednesdays, either playing fixtures in the BCS league (British Colleges and Schools), Tournaments or 'Friendly' fixtures. Additional training sessions are arranged when there are no fixtures. The students also have the opportunity to trial for the BCS regional then national teams (we currently have 2 national squad players, who will be playing for England and Wales U18s).



Students also engage in one timetabled session a week with a UKSEM accredited Strength and Conditioning expert, David Sutton, as well as having access to a full time Physiotherapist formerly of MK Dons FC.

Students also undertake Functional Skills in Maths, English and ICT equivalent to GCSEs, showing academic currency using these skills and aiding those students who did not achieve a C grade at GCSE.

Moulton College tries to ensure the employability of their graduating students by putting them through work related qualifications as well as supporting 80 hours of work experience, with opportunities to work within primary schools as part of the England Hockey Quick Sticks programme.

Moulton College offers the very best facilities within the region and possibly the country for Hockey:

- High specification water based pitch (equal to the Beijing Olympics)
- Indoor hockey pitch (also used by the GB Squad)
- Exposure to a strength and conditioning expert within an Olympic standard gym
- Full time access to an experienced physiotherapist
- Opening January 2012, a brand new Sports Therapy and Injury Rehabilitation Centre (only one of its kind at an FE College) with hydrotherapy, cryotherapy and specialist physiotherapy rooms.

This course offers a fantastic opportunity to both increase your hockey abilities as well as improving your employability, gaining nationally recognised sporting qualifications which can be used to access University.

For more information please contact Student Services:
E: enquiries@moulton.ac.uk
T: 01604 491131

